



Cambridge National OCR Health and Social Care Mock Revision List

Year 11 – March 2025

<p>Topic Area 1: The rights of service users in health and social care settings</p>	<p>1.1 Types of care settings</p> <ul style="list-style-type: none"> <input type="checkbox"/> Health care <input type="checkbox"/> Social care <p>To include:</p> <ul style="list-style-type: none"> • Know examples of each type of setting <hr/> <ul style="list-style-type: none"> - The right to: <ul style="list-style-type: none"> - <input type="checkbox"/> Choice - <input type="checkbox"/> Confidentiality - <input type="checkbox"/> Consultation - <input type="checkbox"/> Equal and fair treatment - <input type="checkbox"/> Protection from abuse and harm - To include: <ul style="list-style-type: none"> - • That service users are entitled to have these rights - met in health and social care settings. <ul style="list-style-type: none"> - • Examples of how service users' rights are met <hr/> <ul style="list-style-type: none"> - To include: <ul style="list-style-type: none"> - • Examples of how maintaining rights will benefit service users' health and wellbeing. - • Linking benefits to rights in health and social care settings.
<p>Topic Area 2 Person-centred values</p>	<p>Person-centred values</p> <ul style="list-style-type: none"> <input type="checkbox"/> Individuality <input type="checkbox"/> Choice <input type="checkbox"/> Rights <input type="checkbox"/> Independence <input type="checkbox"/> Privacy <input type="checkbox"/> Dignity <input type="checkbox"/> Respect <input type="checkbox"/> Partnership <input type="checkbox"/> Encouraging decision making of service user <input type="checkbox"/> Qualities of a service practitioner, the 6Cs <input type="checkbox"/> Care <input type="checkbox"/> Compassion <input type="checkbox"/> Competence <input type="checkbox"/> Communication



	<ul style="list-style-type: none"> <input type="checkbox"/> Courage <input type="checkbox"/> Commitment <p>To include:</p> <p>Know the meaning of person-centred values. Examples of how the person-centred values can be applied in health and social care settings by service providers.</p> <p>To include:</p> <p>Know the meaning of the 6Cs. Examples of how service practitioners use the 6Cs to inform and deliver person-centred values.</p>
<p>Topic Area 3 Effective communication in health and social care settings</p>	<ul style="list-style-type: none"> - Adapting type/method of communicating to meet the needs of the service user or the situation - <input type="checkbox"/> Clarity - <input type="checkbox"/> Empathy - <input type="checkbox"/> Patience - <input type="checkbox"/> Using appropriate vocabulary - <input type="checkbox"/> Tone - <input type="checkbox"/> Volume - <input type="checkbox"/> Pace - <input type="checkbox"/> Willingness to contribute to team working - To include: <ul style="list-style-type: none"> - • An understanding of the verbal communication skills linked with how and when they could be used with service users in health and social care settings. - • Benefits of using them
<p>Topic Area 4 Protecting service users and service providers in health and social care settings</p>	<ul style="list-style-type: none"> - Service users who need safeguarding - <input type="checkbox"/> Vulnerable groups – e.g. homeless people - <input type="checkbox"/> Children - <input type="checkbox"/> People with physical and learning disabilities - <input type="checkbox"/> People with mental health conditions - <input type="checkbox"/> Older adults in residential care settings - <input type="checkbox"/> People who have a sensory impairment – sight loss, hearing loss - <input type="checkbox"/> People in residential care dependent on carers - – children, older adults



Testbourne Community School

Essential equipment

Black pens, pencils, rubber, a highlighter.

Revision materials

https://www.cambridgebookshop.co.uk/products/cambridge-national-level-1-level-2-health-and-social-care-revision-guide-and-workbook-with-digital-access-2-years?srsId=AfmBOophvdz2cO5fQPbnapi-aa1EbsHnzuvLk6lwwFgHnSOkZkW_SOV7 OCR revision guides and workbooks.

Revision resources on Teams, SharePoint.

Suggested revision activities

Make mind maps, revision mats or flash cards for each topic. Answer practice exam questions and use mark schemes to check and correct your answers. There are practice questions and mark schemes on SharePoint.

Complete every checkpoint on The Everlearner.